

The book was found

# Hypertension Pocketcard Set 2014

**Hypertension pocketcard Set**

**Causes of Hypertension**  
Primary (essential, idiopathic) Hypertension  
No identifiable cause; 95% of hypertensive patients, often develops gradually over years.

**Secondary Hypertension<sup>1,2</sup>**

Renal disease	Endocrine disease	Pharmacologic
<ul style="list-style-type: none"> <li>Polycystic kidney disease</li> <li>Renal parenchymal disease</li> <li>Nephrotic syndrome</li> <li>Nephritic syndrome</li> </ul>	<ul style="list-style-type: none"> <li>Endocrine disorders</li> <li>Primary hyperaldosteronism</li> <li>Hyperparathyroidism</li> <li>Hyperthyroidism</li> <li>Pheochromocytoma</li> <li>Pituitary adenoma</li> </ul>	<ul style="list-style-type: none"> <li>Amphetamines</li> <li>Cocaine/crack</li> <li>Stimulants</li> <li>Oral contraceptives</li> </ul>
Neurologic causes	Vascular disease	Other causes
<ul style="list-style-type: none"> <li>Encephalopathy</li> <li>Stroke</li> <li>Subarachnoid hemorrhage</li> <li>Brain tumor</li> </ul>	<ul style="list-style-type: none"> <li>Coarctation of the aorta</li> <li>Renovascular disease</li> <li>Dissecting aortic aneurysm</li> <li>Arteriovenous fistula</li> </ul>	<ul style="list-style-type: none"> <li>Obstructive sleep apnea</li> <li>Heavy metal poisoning</li> <li>Acute pain</li> </ul>

**Pathophysiology of Essential Hypertension**

**ATN/Risk Factors**

ATN in blacks  
ATN in either or both parents  
Excess salt intake  
Excess alcohol intake  
Obesity  
Obesity and weight gain  
Physical inactivity  
Premature atherosclerosis  
Insulin resistance  
VLDL dysfunction

**Goals of Treating Hypertension, JNC 8<sup>3</sup>**

Population	Goal BP, mmHg, Initial Drug Treatment Options	
General adult	<140/90	Thiazide diuretic, ACE inhibitor, or CCB
General adult	<140/90	ACE inhibitor, ARB, or CCB, alone or in combination
Diabetics	<140/90	ACE inhibitor, ARB, or CCB, alone or in combination
CKD	<140/90	ACE inhibitor or ARB

**Goals of Treating Hypertension, JNC 8<sup>3</sup>**

Population	Goal BP, mmHg, Initial Drug Treatment Options	
Black, non-Hispanic	<140/90	Thiazide or CCB
Target organ damage or CKD	<140/90	-

© 2014 International Society for Hypertension in Blacks, JNC 8, Joint National Committee for High Blood Pressure in Blacks. Report from the Board Members Appointed by the Eighth Joint National Committee (JNC 8), 2013. doi:10.1161/jaha.113.004017

ACEIs and ARBs should not be used in combination.

Revised by S. Waldman, MD © 2014 Elsevier Inc. All rights reserved. ISBN: 978-0-323-29111-1



## Book Information

Paperback: 4 pages

Publisher: Borm Bruckmeier Publishing LLC; 2 Rfc Crds edition (September 2014)

Language: English

ISBN-10: 1591035074

ISBN-13: 978-1591035077

Product Dimensions: 0.1 x 3.8 x 7.5 inches

Shipping Weight: 0.3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 7 customer reviews

Best Sellers Rank: #46,408 in Books (See Top 100 in Books) #22 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Cardiology](#) #29 in [Books > Medical Books > Medicine > Internal Medicine > Pathology > Diseases > Cardiovascular](#) #34 in [Books > Medical Books > Medicine > Internal Medicine > Cardiology](#)

## Customer Reviews

Up to date with JNC8

great resource

right to the point--keep at my desk for reference while talking to my members. I am a case manager for insurance company

Great Card especially when you are doing clinic or residence to help you remember drugs, grades etc

Pocket size - great

Great pocket reference for clinical.

Helpful

[Download to continue reading...](#)

Hypertension Pocketcard Set 2014 2014 ICD-10-CM Draft Edition, 2014 ICD-10-PCS Draft Edition, 2014 HCPCS Professional Edition and CPT 2014 Professional Edition Package, 1e The DASH Diet

- Dietary Approaches to Stop Hypertension - A brilliant diet to stay healthy, lose weight, and beat Diabetes!: The Essential Guide to the ... Type 2 Diabetes, DASH, Hypertension) Hypertension and Organ Damage: A Case-Based Guide to Management (Practical Case Studies in Hypertension Management) Clinical Pharmacology and Therapeutics of Hypertension: Handbook of Hypertension Series, 1e Pain Management Pocketcard Set History and Physical Exam Pocketcard Set Echocardiography: Pocketcard Set Antibiotics Pocketcard Set 2016 Contraception Pocketcard Set Osteopathic Medicine Pocketcard Set Medical Spanish Pocketcard Set Dyslipidemia Pocketcard Set Geriatrics Pocketcard Set Acid-Base, Fluids, Lytes Pocketcard Set Nephrology Pocketcard Set Neurology pocketcard Set Pediatrics Pocketcard Set Pulmonary Function Test Pocketcard Set Model Tax Convention on Income and on Capital: Condensed Version 2014: Edition 2014 (Volume 2014)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)